

## Prevention Consortium Members

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**Keynote Speaker:**  
**Rev. Dr. Scates,**  
**Chief Executive Officer**  
Johnson Park Center,  
Join Positive Change  
Utica, NY

The Rev. Dr. Maria A. Scates is an advocate for the homeless, women, children, and families. She possesses considerable experience in working with minority women and children from dysfunctional families as well as operating various service programs for the poor and needy, including organization, leadership & management, supervision of staff, counseling, fundraising and development and property management. For more information please go to [www.johnsonparkcenter.org](http://www.johnsonparkcenter.org).

## Conference Registration

### Cost:

Registration ..... \$75

Make check payable to: OCM BOCES

### Mail to:

OCM BOCES - Youth Development  
PO Box 4774  
Syracuse, NY 13221

OASAS approval for CASAC & CPP hours in process.

### To Register:

Registration is Online at:  
<http://bit.ly/2014PreventionConferenceRegister>

### Questions:

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### Find Out More:

<http://bit.ly/2014PreventionConferenceInfo>

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OCM BOCES  
Department of Youth Development  
PO Box 4774  
Syracuse, NY 13221

## 26th Annual CNY Prevention Conference

# "Balance This"



Prevention Conference - May 16, 2014

Annual  
CNY  
Prevention  
Conference

**Presented by:**  
The Prevention Consortium



**Where:** DoubleTree Hotel  
6301 Carrier Circle,  
East Syracuse, NY 13057  
315.433.1210

**MAY**  
**16**

**When:**  
Friday, May 16, 2014  
8:00 AM to 3:00 PM  
Check-in 8:00 to 8:30 AM



**Conference cost:**  
\$75 includes lunch

# CNY Prevention Conference Schedule

See inside panel for registration information

Workshops

Workshops

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Workshops

8:30 – 9:15

## Welcome and Keynote – Reverend Dr. Scates, Utica, NY

Dr. Scates has been instrumental in bringing positive change to urban city communities. Women who have been involved in the Johnson Park Center in Utica will speak and a short video of the center's children will be shown.

Session 1  
9:30 – 10:45

### Gambling

Nelson Acqualano Council on Alcoholism & Addictions of the Finger Lakes

A

An overview of the pro-gambling environment in NY and the conflict with anti-gambling forces. Reviews literature and findings that conclude that states with higher rates of gambling suffer from problems including mental illness, depression and suicide, alcohol and drug addiction, bankruptcy, family dysfunction, etc. It ends with a review of harm reduction techniques for the control, prevention and/or reduction of compulsive gambling and related social problems.

### We're Not Making it Up: Synthetics & Other Drug Trends

Lee Livermore Upstate Poison Control Center

B

This session will provide an overview of the Poison Center's staff and services and an informative overview of the new synthetic drugs, looking at who is at risk, exactly how dangerous they are and what other drugs are still being abused.

### Eating Disorders

Jack Wohlers Centre Syracuse

C

This workshop will focus on the complexity of the etiology of eating disorders and the difficulties in developing a prevention program. The current status of prevention programs, benefits of early identifications and appropriate interventions will also be discussed. This workshop will end by delineating treatment options and how to navigate these options.

### Involving Youth in Community Prevention

Prevention Resource Center & Prevention Network Staff

D

Community prevention addresses the community risk factors of alcohol and drug abuse including how youth get drugs and alcohol. Making change and reducing abuse cannot happen without the energy, intellect and social connections of young people. This unique workshop will provide participants with motivating ideas on how to get youth involved with helping their communities dig out some of the root causes of drug and alcohol abuse.

Session 2  
11:00 – 12:15

### Play Therapy

Jodi Mullen SUNY Oswego

E

This workshop will give an introduction to play therapy: what it is and what it is not, responses to be used in play therapies and further opportunities for training.

### Addiction 202

Lisa Bowline Syracuse Behavioral Health

F

This workshop will look at how addiction impacts the family. We will also examine the role the family can play in treatment and in the recovery process.

### Redefining Beauty

Mary Ellen Clausen Ophelias Place

G

Eating disorders are real, complex, and devastating conditions that have serious consequences for health, productivity, and relationships. In addition, many individuals struggle with body dissatisfaction and sub-clinical disordered eating attitudes and behaviors. It's time to change the conversation. This workshop will provide tools on what we can do to help without harming.

### Trauma Informed Care

Jennifer Kinzie Integrative Counseling

H

What is "trauma informed care?" Learn how trauma informed human service programs and providers are becoming more supportive to trauma survivors, modifying traditional service delivery approaches that may have exacerbated trauma symptoms and vulnerabilities. This intriguing and meaningful paradigm shift in how we relate to individuals is empowering and showing positive outcomes.

Lunch  
12:15 – 1:00



Session 3  
1:00 – 2:15

### Anxiety & Depression in Children & Youth

Liz Maloney

I

The goal of the presentation is to present an understanding of how anxiety presents itself in children and youth, and how to effectively work with these children to diffuse the anxiety, as well as work with parents on how to deal more effectively with it.

### Addiction 202 (repeat of morning workshop)

Lisa Bowline Syracuse Behavioral Health

J

This workshop will look at how addiction impacts the family. We will also examine the role the family can play in treatment and in the recovery process.

### Youth Chat

Camillus Town Shop Youth Panel

K

This panel discussion will inform the audience about significant trends and issues facing today's youth. The panel of youth will answer questions related to their experiences in school and community settings.

### Counselor Wellness

Jean Tabolt Counselor Wellness

L

Have you ever felt like you just couldn't keep up with the responsibilities of all you love and enjoy – personal health, family, friends, career and community? Explore some of the research and learn how to apply simple but powerful principles of yoga into your personal life as well as your professional practice.

2:30 – 3:00

## Laughter is the Best Medicine – Susan Scholl, Syracuse University

Exploring the power of laughter together.